

How to Get a Breast Pump for Home

Breast milk is the perfect food for your baby. It also has antibodies that help keep your baby healthy. There may be times when you need to express breast milk to feed your baby or to help increase your milk supply. Having a good breast pump can make expressing milk easier.

Insurance and Medicaid Coverage for Breast Pumps:

- Each insurance/Medicaid plan is different. Many plans will cover some or all of the cost of a breast pump
- Call the customer service number on the back of the mother's insurance card. They can tell you what coverage is available. It is best to do this within 30 days of baby's birth
- You can use your flexible spending account (FSA) or Health Savings Account (HSA) for a pump
- Your insurance or Medicaid provider will give you a list of places to call to get your breast pump. Your insurance may call these DMEs or Durable Medical Equipment providers
- Some companies will need a doctor's prescription to get a pump. Your lactation consultant can help you get this
- It is a good idea to have the name, address and phone number of the doctor mom saw during pregnancy. The insurance/Medicaid company or the pump provider may need this information

What if my insurance or Medicaid does not cover a breast pump?

- Delivery hospital
 - Many hospitals that deliver babies also rent breast pumps
- Community rental stations
 - Medela Rental Station Finder: [Medela.us/breastfeeding/location-finder](https://www.medela.us/breastfeeding/location-finder)
 - Enter your zip code in the location finder and it will list rental stations and stores with breast pumps near you
 - Ameda Product Locator: [ameda.com/product-locator/](https://www.ameda.com/product-locator/)
 - You can search for rental stations, WIC offices, or stores
- Retail stores such as Walmart, Target or Buy Buy Baby
 - These stores carry different brands of electric breast pumps.
- WIC offices
 - Many WIC offices have electric breast pumps available. Some offices ask for a deposit before you can rent the pump.
 - Most offices want to have an appointment with you and your baby before you are able to get the pump. If your baby is in the hospital, let the WIC office know so they can work with you.
- Local Health Departments
 - In some places, the health department provides breast pumps. You can call your county health department to see if breast pumps are offered.

Which breast pump should I choose?

- If you have questions about which breast pump is best for you and your baby's needs, speak with your lactation consultant.

Call the Children's Mercy Hospital Breastfeeding and Pumping helpline at (816) 346-1309 if you have questions or concerns

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