



You've found yourself in an unimaginable place with the fetal diagnosis of your unborn child. We are writing to you because we've been here, too. We are a group of parents who have been patients at the Fetal Health Center and welcomed babies of many diagnoses with a range of outcomes. We write this letter to provide resources and support to you during this challenging time.

We understand in the coming weeks you will find yourself immersed in a new-to-you medical world. This will include additional appointments, new language and acronyms to learn, and realities to face.

First, it's important to know you will have a team approach to you and your child's/children's care. Your team will include: a nurse coordinator who will be the point person to schedule your appointments, the Maternal Fetal Medicine team of doctors and any specialists specific to your fetal diagnosis (i.e. pulmonology, cardiology, etc.). As you get closer to delivery, your team will grow and may include: [Genetics](#), [Neonatal Intensive Care Unit \(NICU\)](#), [Palliative Care and Social Work](#).

You may find yourself feeling many emotions. As parents who have been there, this is to be expected. Your emotional wellbeing is important. Taking care of you will help ensure you are in the best shape to take care of your child. There are a number of resources and outlets for you within Children's Mercy that we wanted to make sure you are aware of:

- [Counseling through the Fetal Health Center](#)
- [Financial Counseling](#)
- [Kreamer Resource Center for Families – Fetal Health Center Library](#)
- [Palliative Care](#)
- [Parents Offering Parent Support \(POPS\) Mentor](#)
- [Social Work](#)
- [Spiritual Services](#)

You are in good hands at Children's Mercy with a capable and caring team and you are not alone. We have walked before you and are here to walk with you. We are an active group advocating for you and your current and future families. Many of us are Parents Offering Parent Support (POPS) Mentors, which is a network of trained parent volunteers who support other parents through the challenges of their child's health condition. If you are interested in learning more about us or being paired with a POPS mentor, your Fetal Health Center nurse coordinator can connect you; we look forward to connecting with you.

You're not alone!

~The Fetal Health Center Patient and Family Advisors Council
Meet us via our biographies [linked here](#).

