# Children's Mercy Clean Catch Urine Collection for Lab Testing

# **Supplies**

- Provided containers must be used do not use household materials
- Cup with screw cap
- Wipes

### Collection

- 1. Wash your hands
- 2. Open the cup
  - •Do not touch the inside
- 3. Clean skin where the urine comes out
  - •Use all 3 wipes
- 4. Begin to urinate into the toilet
  - Stand or sit as you normally would
- 5. Move the cup to catch some urine
  - •You do not have to fill the cup
  - •Urine may get on the outside of the cup
- 6. Finish urinating into the toilet
- 7. Put the lip on the cup
  - Do not touch the inside
- 8. Wash your hands

## **Important**

- The container must have your child's name and date of birth (hand write if label is not provided)
- Refrigerate after collection
- Return to Children's Mercy within 24 hours of collection
  - •Specimens received more than 24 hours after collection may have to be recollected