

Asmanex Twisthaler

Asmanex Twisthaler® (mometasone furoate)

110 mcg (gray bottom)

220mcg (pink bottom)



Medicine	Need a spacer?	My dose
Controller (dry powder inhaler)	No	Check Asthma Action Plan

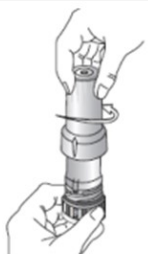


Figure 1
Cap removal




Figure 2
Inhalation

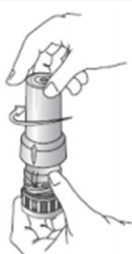


Figure 3
Closing the inhaler

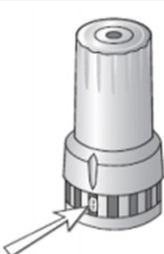


Figure 4
Closed Inhaler

1. Holding Twisthaler upright, twist cap to remove the cover. Ensure counter has decreased by 1
2. Breathe out away from inhaler
3. Place mouth over mouthpiece with a tight seal, holding device parallel to the ground
4. Inhale quickly and deeply
5. Hold breath as long as you can, around 10 seconds
6. Remove Twisthaler from mouth and exhale slowly away from device.
7. Place cap back on and twist until you hear a click and arrow is lined up with the counter

Use the camera on your phone to scan this QR code for the Asmanex Twisthaler Website:



There is information about:

- ◆ How to use the Twisthaler
 - ◆ Click “Patient Instructions”
 - ◆ Click the gray arrow to watch video
- ◆ To save money
 - ◆ Click “See Savings Offer” or “Free Trial Offer”