

QVAR RediHaler



QVAR RediHaler® (beclomethasone)

40 mcg (tan color)

80mcg (red brown color)



Medicine	Need a spacer? spacer?	My dose
Controller	No	Check Asthma Action Plan

1. Holding RediHaler upright, open white cap until you hear a click
2. Exhale away from device
3. Place mouth over mouthpiece with a tight seal (do not block vent on top with fingers)
4. Inhale deeply
5. Hold breath as long as you can, 5-10 seconds
6. Remove RediHaler from mouth and exhale slowly away from device.
7. Place cap back on until it clicks closed
8. Repeat steps 1-7 for each dose



Use the camera on your phone to scan this QR code for the QVAR Redihaler Website:

There is information about:

- ◆ How to use the Redihaler
 - ◆ Click on “Full Instructions for use”
 - ◆ Click on the white arrow to watch the video
- ◆ To save money:
 - ◆ Click on “menu” then “Savings Card”

1/6/2021