

Happy Bob Study

- Do you have Type 1 Diabetes?
- Are you 13 to 17 years old?
- Do you use Dexcom and an iPhone?
- Are you motivated by peer support, encouragement, humor, and/or sarcasm?

Then the Happy Bob app with the Group feature might be for you!



About Happy Bob

Happy Bob is a phone app that connects with Dexcom. You choose the personality that interests you - Happy Bob, Snarky Bob, and more - and that personality sends you blood sugar notifications. You can also track your blood sugar over time and earn stars for time in range. And you have the option of joining the group feature in the app to connect with other Mercy teens with Type 1.

About the Study

- You will use the Happy Bob app for 6 months.
- Some participants will be randomly selected to have two quick phone conversations with a certified diabetes educator to make sure you are set up on the app.
- You will complete surveys at the start of the study, at 3 months, and at 6 months.
- You will have the option to participate in a focus group with other participants at the end of the study.
- You will be compensated for participation.

Thank you for considering!

Scan the QR code to learn more and sign up!

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