



QR code for mobile view

- Inclusion Criteria:**
- Idiopathic scoliosis patients
- Exclusion Criteria:**
- Neuromuscular patients

Prior to surgery day

Patient scheduled for spine surgery

Pre-Admission Testing (PAT) Evaluation:

- Appointment typically occurs approximately 2 weeks prior to surgery on the same day H&P and consent are completed in Ortho clinic
- Introduction to ERAS principles, e.g., multimodal analgesia, encouraging PO intake, etc
- Carbohydrate-rich drink up to 2 hours prior to surgery
- Discuss anesthesia risks and plan (including mitigation of pre-op anxiety)
- [ERAS overview handout \(English\)](#)
- [ERAS overview handout \(Spanish\)](#)

Orthopedics Clinic:

- Surgical consent completed with patient/family
- Preoperative bathing instructions
- Discussion about anticipated postoperative course & pain management

1st Set Labs (ordered by Ortho Team):

- CBC with differential
- BMP
- LFTs
- PT/PTT/INR
- ABO

Preoperative Testing (ordered by Ortho Team):

- PFTs
- ECHO & ECG
 - Typically for pts w/ thoracic curves > 80 degrees

2nd Set Labs (ordered by Ortho Team):

Day Before Surgery

- CBC with differential
- Type and screen
- HCG qualitative (> 10 years old)

Instruct caregivers/parents to call Ortho Clinic or PAT if they have any questions prior to surgery

- [Intraoperative algorithm](#)
- [Inpatient algorithm](#)