



Sources of Escalating Behavior

- Pain
- Hunger
- Environmental factors
- Delirium
- Substance abuse or withdrawal
  - Consider nicotine withdrawal (Nicotine cessation pathway)
  - Consider Toxicology Consult
- Developmental delay or autism
- Psychiatric diagnoses

(Source of Behavioral Escalation Management and Medications)

Indications for Restraints

- First line of care should be seclusion (if available) **before** medications or restraints.
- If seclusion fails (risk of self-harm or while in seclusion) proceed to medications and/or restraint as needed (See Restraint or Seclusion Policy).

