

Things To Do When You Are Not Able to Visit the Hospital

It can be hard when someone you care about is in the hospital. Here are some things you can do to stay connected while you are away from one another.



Ask an adult about any questions you have about the hospital.



Read a book together over the phone.



Video call or talk on the phone.



Send a stuffed animal or special blanket from home.



Draw a picture or write a letter to the person in the hospital.



Send a card with the Children's Mercy [Patient Card](#) program.