



Sibling Support Online & Community Resources

Cardiology		
Organization	Resource Type	Description
Ollie's Branch	Community	<ul style="list-style-type: none"> Mental health services for patients with any type of pediatric heart disease and their families (parents, siblings, grandparents, and other primary caregivers) Services offered on a sliding scale price range (\$0-\$185 per session)
Mended Little Hearts	Online	<ul style="list-style-type: none"> Families can be sent or request bereavement bags through the Mended Little Angels program Some states have chapters that provide in-person support Online Facebook group for grieving families

Emotions/Coping		
Organization	Resource Type	Description
Sesame Workshop	Online	<ul style="list-style-type: none"> Videos, games, handouts, and printables on a variety of topics Feelings Detective video Butterfly Breathing video I Notice, I Feel, I Can video (associated handout) I Notice, I Feel, I Can game My Grown-Up Cares storybook Wes and Elijah Go Heart to Heart (co-regulation) video
Daniel Tiger's Neighborhood	Online	<ul style="list-style-type: none"> Guess the Feeling game Katerina Gets Mad storybook Daniel Tiger's Grr-ific Feelings App (\$2.99 in app store) Managing & Expressing Feelings activities and songs

Grief/Bereavement		
Organization	Resource Type	Description
Camp Erin	Camp	<ul style="list-style-type: none"> Hosted by Kansas City Solace House Bereavement camp for families with children ages 6 to 17 who have experienced the death of a significant person in their life Day camp or weekend camp experiences Free of charge to all participants

		<ul style="list-style-type: none"> • Combines grief education and support with fun, traditional camp activities
Chase the Victory	Retreat	<ul style="list-style-type: none"> • Host retreats for families who have suffered the loss of a child, 21 years and younger. • Families pay for travel expenses, but once they arrive to the destination meals, lodging, and all activities are provided at no cost. • Families fill out an application and if retreats are full, they will be placed on a waitlist for future retreats.
The Compassionate Friends	Community & Online	<ul style="list-style-type: none"> • Organization offering support to families who have experienced the loss of a child • Serve parents, caregivers, siblings, and grandparents • 3 in-person chapters offered in/around the KC metro area • Monthly in-person chapter meetings that serve as an informal support group to meet and share experiences with others who have experienced the loss of a child (adult siblings & free of charge) • Variety of online Facebook groups offered • Can request grief resource materials
Highmark Caring Place	Online	<ul style="list-style-type: none"> • Free handouts on different grief related topics to support children through the grief process • Videos and activity instructions based on children's books for parents and children to engage in together to process grief • Brochures for parents to help navigate conversations about death, the funeral process, remembrance during holidays and special occasions, and more
Doug Center	Online	<ul style="list-style-type: none"> • Offer a variety of free grief activity handouts for different ages groups • Resources for specific topics (illness, suicide, COVID-19, murder) • Activities that foster understanding and promote emotional expression • Podcasts for older siblings • Paid grief resources available as well (Teen grief journal, kid activity book, and more)
Express Yourself Camp	Camp	<ul style="list-style-type: none"> • Day camp offered to children who've experienced a loss or change in their family, such as a death, divorce, a serious illness • Activities to support emotional expression and coping skills • Hosted by Girl Scouts of NE Kansas and NW Missouri • Girl Scout membership not required • Children (girls & boys) ages 5-14 years old • \$50 fee for attendance

National Alliance for Children's Grief	Online	<ul style="list-style-type: none"> • Free resources for coping and navigating conversations after the death of a child • Resources target many groups of people (parents, siblings, grandparents, friends, schools) • Grief Talk resources <ul style="list-style-type: none"> ○ "Talking About End of Life Memorials & Rituals" ○ "Talking to Children About Death and Dying" ○ "Telling a Child Someone Has Died" ○ "Supporting Children of All Abilities Who Are Grieving" <ul style="list-style-type: none"> ▪ Activity ideas for grief processing for children with differences
Peacefully	Online	<ul style="list-style-type: none"> • Grief worksheets to support grief processing
Sesame Workshop		<ul style="list-style-type: none"> • Videos, activities, printables, and games to help children understand and process grief • Something New storybook: A story about grief and change • Expressing Grief Through Play video • Coping with Big Feelings video • Express Yourself interactive grief activity • COVID-19 related grief resources • Parent tip sheets for helping kids process grief
Solace House Center	Community	<ul style="list-style-type: none"> • Services available for children, individuals, and families impacted by the death of a loved one • Programming includes grief support groups, workshops, expressive therapy groups, and counseling services

Hematology/Oncology		
Organization	Resource Type	Description
American Childhood Cancer Organization	Online	<ul style="list-style-type: none"> • Families can request free resources that will be sent to them by ACCO <ul style="list-style-type: none"> • Resource submission form • Medical play kit • Books • Emotional Communication Kit
Aflac Childhood Cancer Campaign	Online	<ul style="list-style-type: none"> • Families can request a kit with a stuffed duck toy and medical play equipment for kids with cancer or sickle cell • Families send in a request and then complete and introduction call with a CCLS to explain how the kit can be used with their family
Alex's Lemonade Stand	Online	<ul style="list-style-type: none"> • Organization that funds research, raises awareness, and supports families experiencing childhood cancers • Free sibling support resources on website <ul style="list-style-type: none"> • Sibling info sheet for temporary caretakers • Information sheet for coordinating with sibling's school about family circumstances

		<ul style="list-style-type: none"> • Emotional Responses of Siblings • Comfort & Care Mailing Program <ul style="list-style-type: none"> • Resources for parents • Regular mailings throughout the year • Art and coping activities for siblings to engage in • SuperSib Ambassador program <ul style="list-style-type: none"> • Provides opportunities for siblings to share about their experiences • Sibling stories about their experiences
Camp Sibsational	Camp	<ul style="list-style-type: none"> • Weeklong summer camp at Camp Wood in Emporia, KS • Open to any youth ages 5 through 17 with a sibling who has/had cancer • Free of charge to all participants • 1x per year end of June or early August
Camp Quality	Camp	<ul style="list-style-type: none"> • Camps and weekend trips for kids with cancer in any stage of treatment or recovery ages 5 to 17 • Events in and around KC Metro area • Siblings welcome to attend as well • Events offered year-round • Free of charge to all participants • Offer parent events and family camps
Gilda's Club	Community	<ul style="list-style-type: none"> • Offer services to anyone with cancer and their loved ones, from diagnosis to survivorship • Free of charge to all participants • Services for children, teens, and adults • Programming includes support groups, various classes, mental health and counseling support • "What Do I Tell the Kids?": tips for discussing cancer with children in developmentally appropriate way
Hope Kids	Community	<ul style="list-style-type: none"> • Organization supporting children with cancer or life-threatening medical conditions and their families • Kansas City branch as well as other locations across the United States • Host several monthly community events for families • Medical qualification application must be filled out to verify diagnosis/medical condition • Once qualified, all events are free for families to attend
Imaginary Friends Society	Online	<ul style="list-style-type: none"> • Short films for cancer patients and their siblings • Videos available in English and Spanish • Help for Brothers & Sisters video • What is Cancer? Video • Feeling Sad video • Feeling Angry video

		<ul style="list-style-type: none"> • Long Hospital Stays video • Staying Friends with Your Friends video (staying connected during hospital stays) • Other videos about: MRIs, Blood Transfusions, Radiation, Chemotherapy, Hair Loss, Cancer Care Team, Surgery, Shots, Returning to School, Friendship, Memory Loss, Being by Yourself
Turning Point	Community	<ul style="list-style-type: none"> • Offer services to people with serious or chronic physical illness and their loved ones • Free of charge to all participants • Services for children, teens, and adults
Uriel E. Ownes Sickle Cell Disease Association of the Midwest	Community	<ul style="list-style-type: none"> • Host educational and fundraising events to promote sickle cell disease awareness • Provide emergency financial support for utilities, prescriptions, and food • Educational scholarships to benefit students with sickle cell disease • One-on-one counseling for individuals or families

Intellectual & Developmental Disabilities		
Organization	Resource Type	Description
Camp Barnabas	Camp	<ul style="list-style-type: none"> • Christian summer camp programming is offered to individuals with disabilities. • Some camp options are available for sibling attendance • Ages 7+ • Registration & attendance fees • Scholarships available to help with camp related costs • Camps are offered based on type of disability (physical, intellectual/developmental, etc.)
Easterseals Midwest	Community	<ul style="list-style-type: none"> • Offer Sibling Support Project SibShops every 3rd Monday • Participants from Kindergarten to 8th grade • \$15 per session • Residents of Clay County may receive funding through Clay DDRB
Down Syndrome Innovations	Community	<ul style="list-style-type: none"> • Lifespan community-based provider offering support to individuals with Down Syndrome and their families • Offer a mixture of paid and free programming • Sibling support group for adult siblings • Special events for the whole family to attend (i.e. Holiday Party, World Down Syndrome Day) • Sibling participation welcomed in individual and group therapies per request • Connect & Play events in the community for families to meet and play

NICU		
Organization	Resource Type	Description
Hand to Hold	Online	<ul style="list-style-type: none"> • Free online resources to support family experiences in the NICU • A couple activity handouts for things siblings can do • Blog articles giving tips for caregivers on how to support siblings throughout the NICU experience <ul style="list-style-type: none"> ○ “Answering Your Children’s Questions About a Baby in the NICU” ○ “Navigating the NICU as a Family: Connecting Siblings with NICU Babies”
NICU Connections	Online	<ul style="list-style-type: none"> • Free online resources for NICU families • Free PDF book called “Understanding Respiratory Distress Syndrome (RDS)” for siblings (available in English & Spanish)

General		
Organization	Resource Type	Description
Child Core Family Support	Online	<ul style="list-style-type: none"> • Website with resources made with CCLSs • Resources on a variety of topics <ul style="list-style-type: none"> • Surgery • Anesthesia • Port Access • BMT • NG Tubes • Lab Draws • Getting shots • Grief & Loss • Autism • Resource Tip Sheets for Siblings <ul style="list-style-type: none"> • Tips for parents based on age • “If My Sibling Goes to the Hospital” Worksheet <ul style="list-style-type: none"> ▪ Worksheet for siblings to advocate for their needs and preferences when a sibling is hospitalized
Hope Kids	Community	<ul style="list-style-type: none"> • Organization supporting children with cancer or life-threatening medical conditions and their families • Kansas City branch as well as other locations across the United States • Host several monthly community events for families

		<ul style="list-style-type: none"> • Medical qualification application must be filled out to verify diagnosis/medical condition • Once qualified, all events are free for families to attend
Wonderscope Children's Museum	Community	<ul style="list-style-type: none"> • KC local children's museum that offers educational and play experiences for children and their families • Membership prices offered on sliding scale • Programming Opportunities <ul style="list-style-type: none"> • Sensory Friendly Mondays: provides an accessible play experience at Wonderscope during a designated time to consider those with sensory differences • Parenting With Play: 4-week program to support parents in building social-emotional, physical, and cognitive skills through play unto strengthening the parent-child relationship. <ul style="list-style-type: none"> ▪ \$50 fee. Membership not required.

1/21/2025